



Avocado Sipping Chocolate

from *An Avocado A Day*

INGREDIENTS

2 cups milk of choice
3 tbsp unsweetened cocoa powder
Pinch of cinnamon
Pinch of kosher salt
3 tbsp sugar
1/4 cup smashed avocado

DIRECTIONS

- 1) In a heavy bottomed pot over low heat put about a quarter of the milk. Add the cocoa powder, cinnamon, and salt. Wisk until smooth.
- 2) Add the remaining milk as well as the sugar. Combine.



Prep Time: 5 minutes

Cook Time: 10 minutes

Total Time: 15 minutes

Serves: 2

- 3) Remove the pot from heat. Add the avocado, and puree the liquid until smooth with an immersion blender.
- 4) Return the pot to the heat and warm until the preferred temperature is reached.
Enjoy!